



Drop-In Centres in Gloucestershire

There are six Drop-In Centres in Gloucestershire situated in Cheltenham, Tewkesbury, Gloucester, Forest of Dean, Cirencester and Stroud libraries. The Drop-In Centre provides support, advice and guidance to vulnerable adults. There is no charge for this service and is available to all vulnerable adults who can access this service independently.

The Drop-In Centre can support in a variety of ways:

- Encourage people to form friendships and develop social networks by taking part in activities; there is always a weekly timetable of events for people to access from ten-pin bowling, swimming, pub lunches to health walks and creative art classes
- Promote and encourage people to access community based amenities to include leisure, neighbourhood projects and training opportunities. Provide advice and guidance to support people to manage their finances, correspondence, housing related issues to include their tenancies more effectively. Can also support with homeseekers and bidding for housing.
- Offer guidance to encourage healthy living and eating, providing advice to menu plan, shop to include on-line shopping.
- How to remain safe in the home and in the community, offering regular talks held in the Drop In delivered by local community police, fire service, neighbourhood wardens and other support services.
- Support to sign up to the countywide Keep Safe scheme. A scheme working in partnership with local shops and business who will offer a safe place should anyone experience difficulties whilst out in the community.
- The Forwards employment team who are also based in the Drop In/s can provide support and advice to gain work experience, voluntary work, apprenticeships and paid work.

The team will listen and support people to problem solve any issues they may have. However It might on occasions be more appropriate to sign post to other services, which could include a counselling service, P3, Green Square, local borough council, advocate service, citizen advice and the police to name a few. All of whom have good working partnership with Drop In/s.



Tewkesbury Drop In
Tewkesbury Library
Sun Street
Tewkesbury
GL20 5NX
Tel: 01684 299315



Gloucester Drop In
Gloucester Library
Brunswick Road
Gloucester
GL1 1HT
Tel: 01452 529663



Forest Drop In
Coleford Library
The Main Place
Old Station Way
Coleford
GL16 8RH
Tel: 01594 834436



Stroud Drop In
Stroud Library
Lansdown
Stroud
Gloucestershire
GL5 1BB
Tel: 01453 757081



Cheltenham Drop In
2nd Floor
Children's Library
Chester Walk
Cheltenham
GL50 3JT
Tel: 01242 244950



Cirencester Drop In
Cirencester Library
The Waterloo
Cirencester
GL7 2PZ
Tel: 01285 643768

Opening Days and Times

Cheltenham	Monday to Friday 9.30am to 4pm
Cirencester	Monday, Tuesday & Thursday 9.30am to 4pm
Forest	Monday to Friday 9:30am to 4pm
Gloucester	Monday to Friday 9.30am to 4pm
Stroud	Monday to Friday 9.30am to 4pm (Closes on Thursday 2pm)
Tewkesbury	Tuesday, Wednesday and Friday 9.30am to 4pm



For further information please visit
www.gdropin.com

